

## Oral Anti-cancer Patient and Carer Education Checklist

<b>Oral anti-cancer patient and carer education checklist</b>	
<p><b>Prior to first cycle:</b>  <i>This checklist must be completed with the patient/carer at the point of handing the medication to the patient either in conjunction with or following a pre-treatment consultation</i></p>	<p><b>Tick if discussed with the patient/carer</b></p>
<b>Instructions for taking</b>	
Explain how and when to take the medicine including any treatment breaks	
If the patient is unable to swallow tablets or capsules or has a feeding tube, please refer to oral SACT counselling handbook to dissolve or open capsules (if appropriate for the oral anti-cancer medicine)	
Missed doses can be taken if near to the scheduled time. Otherwise, do not try and catch up or double the next dose. Wait until the next dose is due	
In case of vomiting after taking a dose, do not repeat the dose and take the next dose at the normal time. If this occurs again, contact the chemotherapy team / 24 hour advice line	
Check patient aware of side effects and has received written information. Any side effects should be reported to your chemotherapy nurse or doctor	
If the patient is taking any prescribed / over the counter medicine / supplement - the patient should inform their medical team	
Return any unused oral anti-cancer medicine to the hospital pharmacy. Do not flush or throw them away (for high cost drugs see counselling handbook)	
<b>Storage and handling</b>	
The oral anti-cancer medicine should not be handled by anyone who is pregnant or planning a pregnancy (unless taking on the advice of medical team)	
If the carer is giving the anti-cancer medicine, they should not handle the medicine directly but wear gloves or push the medicine out of the blister pack (if applicable) directly into a medicine pot	
Store the tablets / capsules in the container provided	
Store the tablets / capsules in a secure place, away from and out of sight of children	
Wash hands thoroughly after taking / giving the oral anti-cancer medicine	
Check the patient understands how to take the treatment, by asking them to repeat back their instructions	

<b>Written information provided</b>	
Taking an oral anti-cancer medicine patient information sheet	
Diary for taking your oral anti-cancer medicine (if applicable)	
For swallowing difficulty only – give relevant factsheet if appropriate for the oral anti-cancer medicine and an oral anti-cancer pack with disposables (e.g. oral/enteral syringes) Dissolving oral anti-cancer tablets safely Opening oral anti-cancer capsules safely Giving an oral anti-cancer medicine through a feeding tube Giving an anti-cancer syringe by mouth	
<b>Patient name</b>	<b>Counselled/educated by</b>
<b>Hospital number</b>	<b>Pharmacist/Pharmacy technician/Nurse/Interpreter</b>
<b>Signature and date</b>	<b>Signature and date</b>

**Before all subsequent cycles:**

- Check the patient has understood the checklist above and repeat if necessary.
- Check any side effects experienced with their previous cycle were discussed with their medical team.
- If a dose adjustment has been made, the patient is aware why their dose has been changed and how many tablets / capsules they should now take.
- Check they had no problems taking their previous cycle.
- Check the patient understands how to take the treatment, by asking them to repeat back their instructions.

**Please retain a copy and/or endorse the prescription/electronic patient record as evidence counselling took place at each cycle.**