Living with HIV & Treated for Cancer

Research focusing on person-centred care

Annual Cancer Nurse & Allied Health Professional Conference

Dr Emma Hainsworth Nurse Researcher, Applied Health Research Group, Royal



Life demands excellence

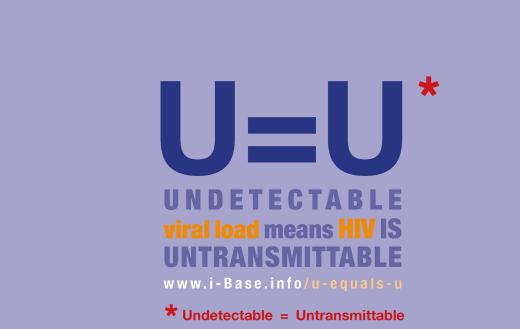
BACKGROUND Researcher biography

- Nurse who has worked in both HIV and Cancer
- Worked in HIV care in the 1990's at a time without effective treatment
- Interest in experience of people coming into contact with both services

Gideon Mendel The Ward



HIV Progress - The good news





FACT.



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Increasingly likely to encounter cancer services

People living with HIV have greater risk for certain cancers Cancers with viral cause: Anal cancer, cervical cancer, some head & neck (HPV) Liver cancer (Hepatitis B or C) Hodgkins (EBV)

Higher rates of modifiable cancer risk due to smoking, alcohol intake





Intersecting Challenges

- experience of HIV-related isolation and stigma
- receiving care from more than one speciality
- toxicity of cancer treatment
- being part of the LGBTQ+ community
- being a migrant, being from a racially minoritised group
- increased risk of frailty/comorbidity in the older population



RESEARCH ON EXPERIENCES

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Convergence of pressures "invisible" in HIV and "visible" in cancer

PhD 2019 explored experiences of people with this dual diagnosis

Findings:

- HIV treatment easy but kept secret
- Emotional burden of managing information
- Lack of fit & feeling isolation in cancer services: self stigma, extra infection control, GP, exclusion from clinical trials, feeling responsible for HIV





Hainsworth, EG, Shahmanesh, M and Stevenson, F. (2020). HIV positive and treated for cancer: The convergence of pressures "invisible" in HIV and "visible" in cancer. European Journal of Cancer Care 5 January 2020

Implications for improving care

 Standardised pathways of cancer treatment don't always recognise vulnerability (the invisible pressures)

• Oncology services may need more knowledge about HIV to deliver person centred care

• Future improvement should include acknowledgement of HIV stigma (nature of self-stigma as well as actual)



Developing Personcentred Care

Co-Production Research Methodology



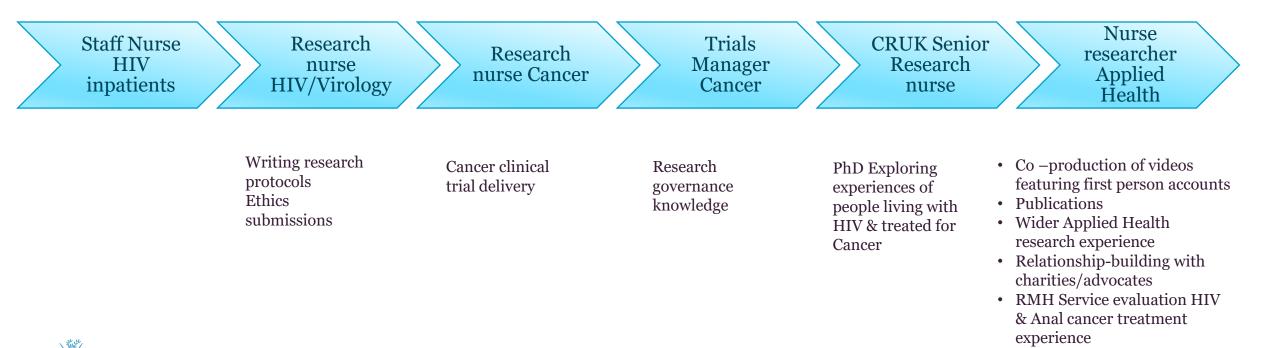
Caring for the Whole Person: Gordon







Research Journey



• NIHR grant application

Thank You

Emma.hainsworth@rmh.nhs.uk



