Kidney Cancer – Laparoscopic Radical Nephrectomy

Date

Dear Patient Name

**TREATMENT SUMMARY**

You have now completed your initial treatment for cancer. This Treatment Summary provides a summary of your diagnosis, treatment and on-going management plan. It includes information on the symptoms you should be aware of, and who to contact. Your GP will also receive a copy of this summary.

|  |  |  |
| --- | --- | --- |
| **Diagnosis:**  Kidney Cancer | **Date of Diagnosis:** | **Organ/Staging**  **Local/Distant** |
| **Summary of Treatment and relevant dates:**  Laparoscopic Radical Nephrectomy  You will be discharged after your surgery with pain killers (analgesics).  You will also be given a medication to thin your blood to prevent blood clots (anti-coagulant).  Anti-coagulant: This medication is called tinzaparin. It is a small injection given into the tummy or upper arm, you will be taught how to give this before you leave the ward. You will take this medication for 28 days. | | **Treatment Aim (delete as nec):**  You have been treated with the intention to cure your kidney cancer. |
| **Possible treatment toxicities and / or late effects:**  Psychological issues  Altered kidney function  Hernia  Conversion to open | | **Advise entry onto primary care palliative or supportive care register (delete as nec)**  Yes / No |
| **DS**  **1500 application completed (delete as nec)**  Yes/No  **Prescription Charge exemption arranged**  Yes/No |
| **Alert Symptoms that require referral back to specialist team:**  In relation to surgical complications :   * Feeling feverish * Sudden Shortness of Breath/chest pain/calf pain (DVT/PE) – **URGENT – Call an ambulance** * Pain on passing urine (urine infection/cystitis) * Worsening abdominal or back pain   Other symptoms to seek advice about:   * + Unintended weight loss (more than 3kg)   + Loss of appetite | | **Contacts for re referrals or queries:**  **In Hours:**  **Out of hours:** |
| **Other service referrals made: (delete as nec)**  District Nurse  AHP  Social Worker  Dietitian  Clinical Nurse Specialist  Psychologist  Benefits/Advice Service  Other |
| **Secondary Care Ongoing Management Plan:** (tests, appointments etc)   * Your outpatient appointments while you are under our care will bedependent on your final pathology andconsultant’s recommendation * You may be required to have an x-ray, ultrasound scan or CT scan and blood tests prior to your hospital appointments. The number and timing of scans will depend on your final pathology and consultant’s instructions. If you are unsure, please contact your specialist nurse to check. * You will be discharged back to your GP after 5 - 10 years.   It is **your** responsibility to ensure you attend for your scan before your appointment, we need this in order to review you at your consultation. | |
| **Required GP actions in addition to GP Cancer Care Review** (e.g. ongoing medication, osteoporosis and cardiac screening) | | |
| **Summary of information given to the patient about their cancer and future progress:** | | |
| **Additional information including issues relating to lifestyle and support needs:**  Keep your anti embolism stockings to wear on flights in the 3 months following surgery  You can resume your normal level of activity/exercise approximately 4 weeks after your surgery  You can resume driving when you no longer require analgesia for post-surgical pain, also check with your specific driving insurance policy  Pastoral Care and Psychological Support Team (self-referral):  XXXXX  Support groups: There are many groups around the UK.  On-line information and support: James Whale Fund for Kidney Cancer - <http://www.jameswhalefund.org/> | | |

**Completing Doctor:**   **Signature: Date:**

PRIVATE AND CONFIDENTIAL

cc.

Patient GP Name

Supporting Documents that may help – *Please delete this section before giving to the patient*

* Sexual Consequences for Men Prompt Tool (<http://www.londoncanceralliance.nhs.uk/media/118596/lca-hna-male-sexual-consequences-january-2016.pdf>)
* Sexual Consequences for Women Prompt Tool (<http://www.londoncanceralliance.nhs.uk/media/118602/lca-hna-sex-consequences-women-prompt-sheet-january-2016.pdf>)
* Fatigue Prompt Tool

(<http://www.londoncanceralliance.nhs.uk/media/122127/lca-hna-fatigue-prompt-sheet-january-2016.pdf>)

* Pain Prompt Tool (<http://www.londoncanceralliance.nhs.uk/media/122133/lca-hna-pain-prompt-sheet-january-2016.pdf>)

GP READ CODES FOR COMMON CANCERS (For GP Use only). Other codes available if required.

(Note: System codes are case sensitive so always ensure codes are transcribed exactly as below)

|  |  |  |  |
| --- | --- | --- | --- |
| **System 1** | **(5 digit codes)** | **All other systems** | **Version 3 five byte codes**  **(October 2010 release)** |
| **Diagnosis:** |  | **Diagnosis** |  |
| Lung Malignant Tumour | XaOKG | Malignant neoplasm of bronchus or lung | B22z. |
| Carcinoma of Prostate | X78Y6 | Malignant neoplasm of prostate | B46.. |
| Malignant tumour of rectum | XE1vW | Malignant neoplasm of Rectum | B141. |
| Bowel Intestine | X78gK | Malignant neoplasm of Colon | B13.. |
| Large Bowel | X78gN | Malignant neoplasm of female breast | B34.. |
| Female Malignant Neoplasia | B34.. | Malignant neoplasm of male breast | B35.. |
| Male Malignant Neoplasia | B35.. |  |  |
| **Histology/Staging/Grade:** |  | **Histology/Staging/Grade:** |  |
| Histology Abnormal | 4K14. | Histology Abnormal | 4K14. |
| Tumour grade | X7A6m | Tumour staging | 4M… |
| Dukes/Gleason tumour stage | XaOLF | Gleason grading of prostate Ca | 4M0.. |
| Recurrent tumour | XaOR3 | Recurrence of tumour | 4M6.. |
| Local Tumour Spread | X7818 |  |  |
| Mets from 1° | XaFr. | Metastatic NOS | BB13. |
| **Treatment** |  | **Treatment** |  |
| Palliative Radiotherapy | 5149. | Radiotherapy tumour palliation | 5149. |
| Curative Radiotherapy | XalpH | Radiotherapy | 7M371 |
| Chemotherapy | x71bL | Chemotherapy | 8BAD. |
| Radiotherapy | Xa851 |  |  |
| **Treatment Aim:** |  | **Treatment Aim:** |  |
| Curative procedure | Xallm | Curative treatment | 8BJ0. |
| Palliative procedure | XaiL3 | Palliative treatment | 8BJ1. |
| **Treatment toxicities/late effects**: |  |  |  |
| Osteoporotic # | Xa1TO | At risk of osteoporosis | 1409. |
| Osteoporosis | XaELC | Osteoporosis | N330. |
| Infection | Xa9ua |  |  |
| **Ongoing Management Plan** |  | **Ongoing Management Plan** |  |
| Follow up arranged (<1yr) | 8H8.. | Follow up arranged | 8H8.. |
| Follow up arranged (>1yr) | XaL.. |  |  |
| No FU | 8HA1. | No follow up arranged | 8HA.. |
| Referral PRN | 8HAZ. |  |  |
| **Referrals made to other services:** |  | **Referrals made to other services:** |  |
| District Nurse | XaBsn | Refer to District Nurse | 8H72. |
| Social Worker | XaBsr | Refer to Social Worker | 8H75. |
| Nurse Specialist | XaAgq |  |  |
| SALT | XaBT6 |  |  |
| **Actions required by the GP** |  | **Actions required by the GP** |  |
| Tumour marker monitoring | Xalqg | Tumour marker monitoring | 8A9.. |
| PSA | Xalqh | PSA | 43Z2. |
| Osteoporosis monitoring | XalSd | Osteoporosis monitoring | 66a.. |
| Referral for specialist opinion | Xalst |  |  |
| Advised to apply for free prescriptions | 9D05 | Entitled to free prescription | 6616. |
| Cancer Care Review | Xalyc | Cancer Care Review | 8BAV. |
| Palliative Care Review | XalG1 | Palliative Care Plan Review | 8CM3. |
| **Medication:** |  | **Medication:** |  |
| New medication started by specialist | XEOhn | Medication given | 8BC2. |
| Medication changed by specialist | 8B316 | Medication changed | 8B316 |
| Advice to GP to start medication | XaKbF |  |  |
| Advice to GP to stop medication | XaJC2 |  |  |
| **Information to patient:** |  | **Information to patient:** |  |
| DS1500 form claim | XaCDx | DS1500 completed | 9EB5. |
| Benefits counselling | 6743. | Benefits counselling | 6743. |
| Cancer information offered | XalmL | Cancer information offered | 677H. |
| Cancer diagnosis discussed | XalpL | Cancer diagnosis discussed | 8CL0. |
| Aware of diagnosis | XaQly |  |  |
| Unaware of prognosis | XaVzE |  |  |
| Carer aware of diagnosis | XaVzA |  |  |
| **Miscellaneous:** |  | **Miscellaneous:** |  |
| On GSF palliative care framework | XaJv2 | On GSF Palliative Care Framework | 8CM1. |
| GP OOH service notified | Xaltp | GP OOH service notified | 9e0.. |
| Carers details  National Cancer Survivorship Initiative DH Logo artwork (rgb)[1]  December 2010 | 9180. | Carer details | 9180. |